

1. BLACK BEAR ENCOUNTER

- Characteristics:** Smaller, dark coat (black, blonde, cinnamon), flat facial profile, short claws, climbs trees easily.
- **Do NOT Run:** Running triggers predatory chase instinct.
 - **Make Yourself Big:** Raise arms, hold jacket open, speak in firm loud voice.
 - **Maintain Eye Contact:** Do not look away; back away slowly.
 - **If Attacked (Defensive/Predatory): FIGHT BACK!** Focus blows on bear's nose and eyes with sticks, rocks, or fists.

2. GRIZZLY BEAR ENCOUNTER

- Characteristics:** Distinct shoulder hump, dished face profile, long light-colored claws, lighter guard hairs.
- **Do NOT Run:** Grizzlies reach 55 km/h (35 mph).
 - **Avoid Eye Contact:** Direct glare is seen as a direct challenge.
 - **Back Away Slowly:** Speak calmly to identify yourself as human.
 - **If Attacked (Defensive): PLAY DEAD.** Lie flat on stomach, interlock fingers behind neck, spread elbows/legs to resist flipping.

3. HOW TO DEPLOY BEAR SPRAY (12–15 SECOND WIND-ADJUSTED BLAST)

- **Keep Spray Accessible:** Carry on chest harness or hip holster — NEVER inside your backpack.
- **Distance:** Effective range is 25 to 30 feet (7 to 9 meters).
- **Technique:** Pull safety clip. Hold canister with two hands. Aim low in front of charging bear to create a cloud wall. Spray in 2-3 second bursts slightly downward so bear charges through cloud.

4. FOOD STORAGE & BEAR BAG HANG (THE PCT METHOD)

Always maintain the **Triangle Camp Setup**: Sleep 100m away from Cooking Area, and store Food 100m downwind from both.

STANDARD BEAR HANG DIMENSIONS:

- ★ Food Bag suspended **12 FEET (3.6m) OFF GROUND**
- ★ At least **6 FEET (1.8m) BELOW BRANCH**
- ★ At least **6 FEET (1.8m) AWAY FROM TREE TRUNK**